



College of Ophthalmologists  
Academy of Medicine, Singapore

# The 10th College of Ophthalmologists Lecture *“Optimising the Ocular Surface - From Blink to Blade”*

*By Dr Raman Malhotra*

Singapore Society of



Ophthalmic Plastic & Reconstructive Surgery

Virtual Background Courtesy John Tan





College of Ophthalmologists  
Academy of Medicine, Singapore

# COLLEGE OF OPHTHALMOLOGISTS ACADEMY OF MEDICINE, SINGAPORE

presents


## The 10<sup>th</sup> College of Ophthalmologists Lecture “Optimising the Ocular Surface - From Blink to Blade”

By Dr Raman Malhotra

15 October 2021, Friday, 7pm – 8:15pm

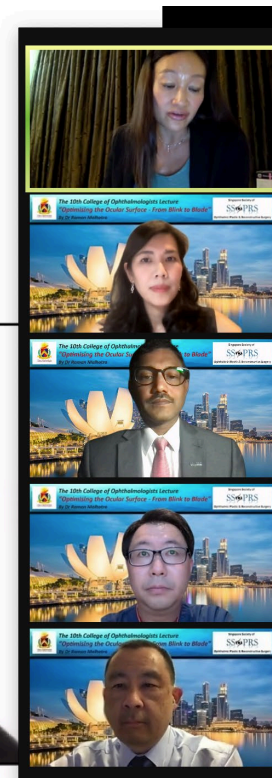
Electronic Means (Zoom)

### PROGRAMME

6:45pm – 7:00pm	Registration	
7:00pm – 7:05pm	Welcome Note	Dr Gangadhara Sundar
7:05pm – 7:10pm	Introduction to College, Annual Lecture & Award	Dr Vernon Yong
7:10pm – 7:15pm	Introduction of Dr Raman Malhotra	Dr Petrina Tan
7:15pm – 7:55pm	<b>10<sup>th</sup> College of Ophthalmologists Lecture “Optimising the Ocular Surface - From Blink to Blade”</b>	<b>Dr Raman Malhotra</b> 
7:55pm – 8:10pm	Q&A session	
8:10pm – 8:15pm	Closing Remarks	Dr Sunny Shen

- Basic ophthalmic surgical training at the Western Eye Hospital in London
- Higher surgical training in Oxford.
- Fellow in oculoplastic, orbital and lacrimal surgery at the Royal Adelaide Hospital and Women and Children's Hospital in Adelaide, Australia, in 2002
- Consultant ophthalmic and oculoplastic surgeon in Queen Victoria Hospital, East Grinstead, UK
- Head of corneo-plastic unit in QVH

## About



# The Team

The 10th College of Ophthalmologists Lecture  
"Optimising the Ocular Surface - From Blink to Blade"  
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Singapore Society of  
SSOPRS  
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SSOPRS  
Ganga Sundar

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SSOPRS  
M: Elaine Chee

S: Raman Malhotra

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SSOPRS  
P: Vernon Yong

Petrina Tan

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Sunny Shen



Recording



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## "Optimising the Ocular Surface - From Blink to Blade"

By Dr Raman Malhotra

Singapore Society of



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01:46:09



P: Vernon Yong



Recording



College of Ophthalmologists  
Singapore

# The 10th College of Ophthalmologists Lecture

## *"Optimising the Ocular Surface - From Blink to Blade"*

By Dr Raman Malhotra

Singapore Society of



Ophthalmic Plastic & Reconstructive Surgery

01:37:09



The 18th College of Ophthalmologists Lecture  
"Assessing the Ocular Surface - From Risk to Reward"  
SSOPRS  
Ganga Sundar

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"Assessing the Ocular Surface - From Risk to Reward"  
SSOPRS  
M: Elaine Chee

The 18th College of Ophthalmologists Lecture  
"Assessing the Ocular Surface - From Risk to Reward"  
SSOPRS  
P: Vernon Yong

Petrina Tan

The 18th College of Ophthalmologists Lecture  
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Sunny Shen

AMS: Chew Lin



Recording

01:35:30



S: Raman Malhotra

# Conclusion

- BLINKS FOR TRIPS
- Meibomian gland inversion – *cotton tip test*
- Glaucoma drops
- Periorbital Volume and lagophthalmos
- Recess eyelid retractors for eyelid retraction
- Horizontal eyelid margin lengthening

